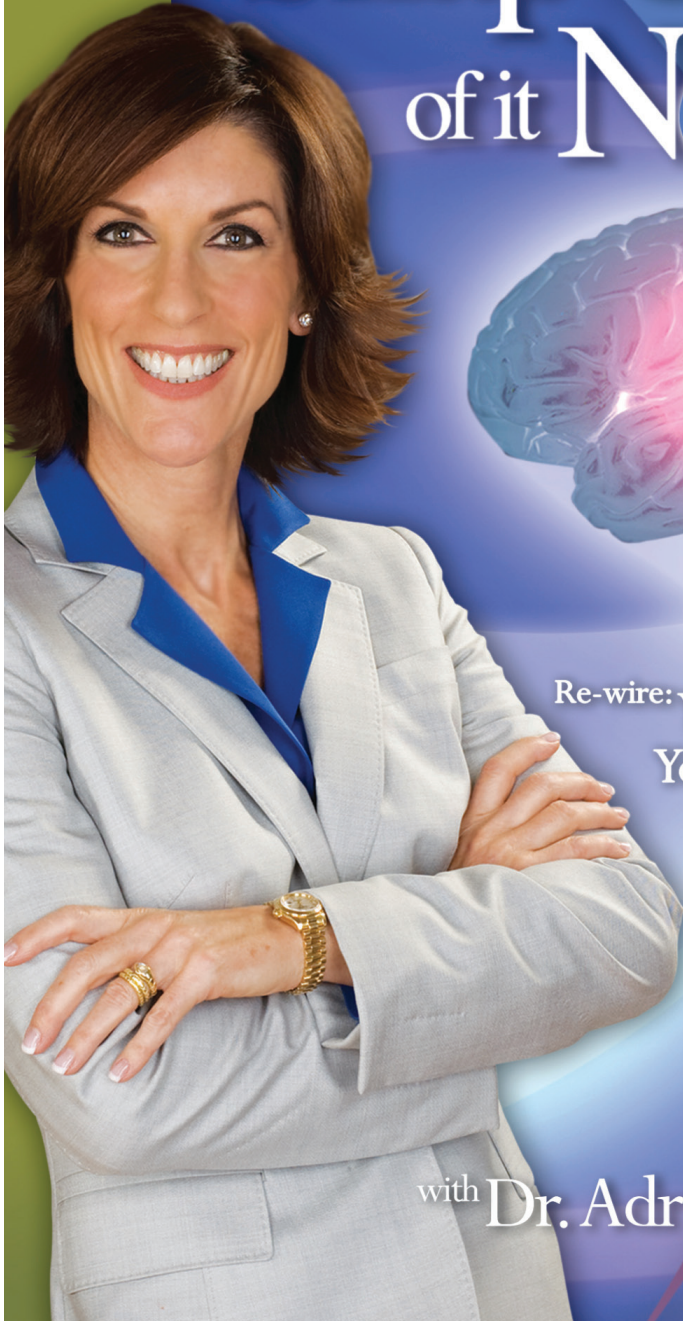


Snap Out of it NOW!



Re-wire: **Your Brain**
Your Thinking
Your Life!

with **Dr. Adrienne Ahern**

Move Over,
Dr. Phil.

Dr. Adrienne Ahern teaches you how to rewire your brain to confront life's challenges for greater success and wellbeing.

Feeling depressed, overwhelmed, frustrated, stressed out? Clinical psychologist Adrienne Ahern has a solution – Snap Out of It NOW!®. Tune in August 8 at 7 p.m. on KPBS TV to learn how you can unleash *your* maximum potential.

Dr. Adrienne Ahern, renowned for her pioneering work in developing human potential, has developed a breakthrough methodology to help train the brain to support optimal health, success, and well-being. Ahern can teach you how to rewire your brain to meet and conquer life's challenges.

Be sure to watch on August 8 at 7 p.m. on KPBS TV!

